



Individual Liability Waiver and Assumption of Risk

***To be signed and completed by each official prior to participation.**

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death and while particular rules, equipment and personal discipline may reduce this risk; the risk of serious injury does exist and;
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS both known and unknown EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others and assume full responsibility for my teams participation; and
3. I willingly agree to comply with the stated and customary terms and conditions for participation. IF, however, I observe any unusual significant hazard during my presence or participation, I will remove myself and my team from participation and bring such to the attention of the nearest official immediately and;
4. I, for myself, and on behalf of my heirs, assigns, personal representative and next of kin, same as previous HEREBY RELEASE AND HOLD HARMLESS, PULL N POP CLASSIC, Holtz Fitness, Andrew Holtz., subsidiaries, their offices, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, the State of Delaware, Sussex County, The City of Milton, DE, the City of Rehoboth, DE, the City of Lewes, DE, Rehoboth Elementary School, 9th Grade Campus School, Elementary and Cape Henlopen School District, Delaware State Board of Education and all owners and lessees of premises used to conduct the events; WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
5. I give my permission for the free use of my name, team's name and teammates and/or pictures for use in broadcasts, telecasts, newspaper, etc., for the promotion and information purposes of the event organizers.
6. I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I (we) have given up substantial rights by signing it and sign it freely and voluntarily without any inducement.

Participant Name (Print)

Birth date

Participant Name (Signature)

Date